

The benefits listed here are generally available for AmeriCorps members in Iowa. Eligibility is subject to term type, program offering and your personal financial situation. If the benefits program is federally-funded and is based on need and is not provided under the Social Security Act (other than SSI), AmeriCorps State and National benefits should not affect your eligibility for such assistance. If, on the other hand, the benefits program is not federally-funded, not need-based, or is provided under the Social Security Act (other than SSI); your eligibility for those benefits might be affected. You should contact the relevant state or federal agency responsible for the program in question, to get a determination. For more information regarding program-provided benefits, you should talk to your program director or other program staff. Additional information may also be available on the AmeriCorps website, www.AmeriCorps.gov.

PUBLIC BENEFITS*

Benefit	Benefit Details	Who Qualifies
Supplemental	The Food Assistance Program provides Electronic Benefit Transfer (EBT)	Eligibility is based on meeting household income guidelines.
Nutrition	cards that can be used to buy groceries at supermarkets, grocery stores	Volunteer lowa can provide you with a letter verifying that your
Assistance	and some Farmers Markets. To qualify for food assistance participants	living allowance does not count as income for the purposes of
Program	must meet income guidelines, be a citizen or legal immigrant. If you have	this program. If needed, please check with your program staff.
(SNAP)	questions about applying for Food Assistance, please contact your local	
	DHS office. Application instructions are found on the lowa Department of	
	Human Services website under "assistance programs," See general info	
	about <u>How to apply or apply online here</u> . For more information click <u>here</u>	
	Medicaid is a health insurance program that provides medically necessary	In addition to meeting certain income levels, you need to meet
	health care coverage based on income. Applications instructions can be	specific eligibility requirements to receive Medicaid coverage.
	found on the Iowa Department of Human Services website under "health	The following are some of these general requirements: A child
	care" - <u>How to Apply.</u> For more information click <u>here</u> .	under the age of 21, a parent living with a child under the age of
		18, a woman who is pregnant, a woman in need of treatment for
Medicaid		breast or cervical cancer, a person who is elderly (age 65 or
		older), a person who is disabled according to Social Security
		standards, an adult between the ages of 19 and 64 and whose
		income is at or below 133% of the Federal Poverty Level (FPL), a
		person who is a resident of Iowa and a U.S. citizen, and others
		may also qualify.
Low Income	LIHEAP is designed to assist low income individuals and families meet the	Assistance level depends on income level, family size, the type of
Home Energy	cost of home heating by providing a one-time payment to the heating	fuel you use to heat your home, and other factors. Applications
Assistance	utility. LIHEAP generally runs from November 1 to April 30 every year	are accepted at the local community action outreach office. For
Assistance	(households with an elderly and/or disabled member may begin applying	more information click <u>here</u> .



Program	Oct. 1). LIHEAP can also provide a moratorium for the winter season,	
(LIHEAP)	ensuring that heating sources will not be cut off during a potentially	
	dangerous time of the year.	

PROGRAM PROVIDED BENEFITS

Benefit	Benefit Details	Who Qualifies
AmeriCorps	AmeriCorps Healthcare is only offered to you if you are not already	Offered to all members serving in a full time (1700 hour) slot
Healthcare	covered by another healthcare policy at the time you begin service	type. Program may also offer it to you if you are serving in other
	begins. Coverage is not available for family members or dependents. The	slot types and the term requires you to serve consistently in a
	coverage now includes basic dental and eye coverage. You are eligible for	full time capacity (for example, serving 40 hours/week in a QT
	this insurance if you lose coverage during your term of service due to	for the summer). Programs are not required to provide health
	service or through no deliberate act of your own. You must notify the	insurance to less than full time slots; this expense needs to be
	program if your eligibility status for healthcare changes during your	included in their budget. Check with your program for more
	service term. Co-pays are required for medical visits.	information.
AmeriCorps	Childcare benefits are paid directly to qualified providers. If you are	Offered to members serving in a full time capacity, regardless of
Childcare	income eligible and have qualified dependents, you may access the	slot type. Children must be 13 or under and live with you.
Benefit	childcare benefit by working directly with the AmeriCorps' national	Qualification for the childcare benefit is based on household
	childcare provider, GAP Solutions, Inc. For more information on how to	income. Also, your childcare provider must meet program
	access this assistance click <u>here</u> .	requirements to qualify as an eligible provider.
Member	The Member Assistance Program provides free, confidential, 24/7,	The MAP program, through the Association of State Service
Assistance	unlimited telephonic counseling services. Translation is available in 140	Commissions (ASC) is a benefit purchased for you by the
Program	languages. Once you have created an account, the additional benefits are	program. Household members and dependents living in other
(MAP)	also available:	household may also access MAP benefits free of charge. Check
	 24/7 toll-free telephonic access to services for members 	with your program to see if you have this benefit available. ASC
	 Unlimited in-the-moment telephonic counseling services with 	has a current <u>FAQ</u> on the MAP program for additional
	master's degree-level counselors	information.
	 Mobile app with resources and appointment scheduling access 	
	 Text/Chat Counseling & Coaching 	
	 Video Counseling & Coaching 	
	Medical Advocacy	
	 Financial and Legal Assistance (30-minute consultations) 	
	Life Coaching	
	 Personal Concierge for Everyday Needs 	
	Work/Life Resources & Referrals	

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EDUCATIONAL BENEFITS

Benefit	Benefit Details	Who Qualifies
Eli Segal Education Award	The amount of a full-time education award is equivalent to the maximum value of the Pell Grant for the fiscal year in which the term of national service is approved. The amount of the Pell Grant can change each year. Therefore, the amount of a full-time award can change. Once you earn an award, the dollar amount of that award will not change. The award amount varies based on the term of service completed and must be used within a seven year period. The education award can be used to pay educational expenses at eligible schools and at certain GI Bill-approved educational programs for veterans. Eligible schools are higher educational institutions, both domestic and foreign, that currently participate in the Department of Education's Title IV student aid programs. This category includes most post-secondary colleges, universities, and technical schools. The Segal AmeriCorps Education Award can only be used to repay the following qualified student loan types: loans backed by the federal government under Title IV of the Higher Education Act (except PLUS Loans to parents of students), loans under Titles VII or VIII of the Public Service Health Act, or loans made by a state agency, including state institutions of higher education. There are colleges and universities that match the education award. Additional information on using the education award can be found here. Education awards are taxed on the federal level when they are taken. If the education award is taken in	After successfully completing your term of service and completing the process to gain access you are eligible to receive the Segal AmeriCorps Education Award. You can use the award to repay qualified student loans, and to pay current educational expenses at eligible institutions of higher education and training programs. In rare cases, the education award can affect the process of receiving additional financial aid through FAFSA. Please consult your institution's Financial Aid Office to ensure your financial assistance needs are properly addressed. You can provide your financial aid officer with this letter for additional information. If you are 55 years of age or older when you start service, your education award can be transferred to a child, grandchild, or foster child.
	Iowa, it is not subject to state taxes. For more information on the education award click <u>here</u> .	
AmeriCorps	You should contact your loan(s) holder to see if your loan(s) qualifies for	Individuals who are serving in an approved AmeriCorps position
Loan	forbearance based upon your AmeriCorps service (A "loan holder" is the	may be eligible to have the repayment of their qualified student
Forbearance	entity that holds the loan promissory note and has the right to collect	loans temporarily postponed while they are serving. Lending
	from the borrower). While your loan(s) is in forbearance, you are not	institutions have latitude in whether they will grant this status,
	required to make payments. Interest may continue to accrue but if you	depending on the type of loan, whether it has been consolidated
	successfully complete the term of service and the loan(s) is a qualified	and other factors. If there are questions, you should work



student loan, the National Service Trust will pay all or a portion of the interest that accrued during the service period. Interest payments are reflected in your MyAmeriCorps account and will also appear on the statements from the loan holder. Interest payments are not subtracted from the education award amount. Interest payments are considered taxable income and are reported to the IRS. The Trust can only pay accrued interest for qualified student loans. You can easily and quickly request forbearance on-line through MyAmeriCorps. Find more information on how the Trust determines interest payments here. After you complete your term of service, you will be responsible for repaying your loan(s) according to the terms of the loan(s). You should contact the loan holder to determine eligibility and options. If you do not hear from the loan holder within four weeks of submitting the forbearance request, contact them again. For more detailed assistance call 1-800-942-2677.

If you have a loan(s) that does not qualify for forbearance with the Trust, the federal government may have a program to assist you. Check out this resource.

directly with your lending institution to determine whether you qualify. If a loan holder tells says that a student loan does not qualify for forbearance based upon national service, ask if your service qualifies for some other type of forbearance. Only the loan holder can determine your loan's eligibility and approve your request for forbearance. AmeriCorps cannot approve forbearance requests; it only verifies that you are serving in an approved national service position. If your loan is in default, it may not be eligible for forbearance. However, if a loan that had gone into default before you began service, you can try to negotiate an arrangement with the loan holder or collection agency to bring the loan out of default so forbearance can be granted. The Trust can only make an interest payment after you have successfully completed a term of service and earned an education award. The portion of the accrued interest that the Trust pays is determined by the type and length of your service. If you have been exited with a Compelling Personal Circumstance exit, you may be eligible for partial payments, based upon the percentage of term completed.

The federal government offers interest deferment options based upon other criteria, for example economic hardship. More information interest deferment options through the federal government can be found here.

Income-Driven Repayment

If your federal student loan payments are high compared to your income, you may want to consider an income-driven repayment plan. This would be an alternative to putting qualified student loans into forbearance. Generally, your payment amount under an income-driven repayment plan is a percentage of your discretionary income. The percentage is different depending on the plan. Depending on your income and family size, you may have no monthly payment at all. More information about income-driven repayment plans can be found here.

An income-driven repayment plan sets monthly student loan payment at an amount that is intended to be affordable based on income and family size. The federal government offers four income-driven repayment plans:

- Revised Pay As You Earn Repayment Plan (REPAYE Plan)
- Pay As You Earn Repayment Plan (PAYE Plan)
- Income-Based Repayment Plan (IBR Plan)
- Income-Contingent Repayment Plan (ICR Plan)



		More information on these can be found here. If you are seeking Public Service Loan Forgiveness, you should repay your federal student loans under an income-driven repayment plan.
Public Service Loan Forgiveness (PSLF) and Temporary Expanded Public Service Loan Forgiveness (TEPSLF)	The Public Service Loan Forgiveness program is a federal program that forgives the remaining balance on your direct loans if you meet the requirements. If you receive a deferment or forbearance during your volunteer service, you can use the Segal Education Award to make a lump-sum payment on your Direct Loans and receive credit for a certain number of payments for PSLF. This number is determined by dividing the amount of your lump-sum payment by your scheduled full monthly payment amount, for a credit of no more than 12 qualifying monthly payments. This benefit is available to you only one time for AmeriCorps service. However, you could choose to make qualifying PSLF payments under an income-driven repayment (IDR) plan during your service period. If you do not request a deferment or forbearance and instead make payments under an income-driven repayment (IDR) plan during your AmeriCorps service and that service lasts longer than 12 months, you could possibly receive credit for a larger number of qualifying PSLF payments than you would if you make a lump-sum payment. This is because you can receive credit for a maximum of only 12 qualifying payments if you make the lump-sum payment, but each payment you make under the IDR plan (including a scheduled payment amount of \$0) while you are serving as a full-time AmeriCorps member counts as a qualifying PSLF payment if it meets all the requirements. See link for reference.	You must work full time for a qualifying employer. That means: A government (at any level) A non-profit (must be a registered 501 (c) (3). Other types of not-for-profit organizations if their primary purpose meets the qualifications AmeriCorps or Peace Corps, if you serve as a volunteer You must be employed full time, but the definition of full time is flexible. Meet the employer's definition of "full time" Work at least 30 hours/week If working more than one part time job, the combined average time must be at least 30 hours/week Only Direct Federal loans are eligible for PSLF Loan repayments must be made timely (within 15 days of due date), and To help you track your progress toward qualifying for PSLF, it is recommended that you submit the PSLF form annually or when you change employers. It will make it much easier once you are ready to apply for forgiveness after 10 years of employment in public service! See more here.
Schools of National Service	AmeriCorps' Schools of National Service benefits both post-secondary institutions and the AmeriCorps alumni they enroll. Schools of National Service seeks to reward their service by providing benefits to students who choose to serve. In return, institutions receive students who are trained leaders, community-minded, and driven to make a difference in the world. Options for Schools of National Service Include:	Once you have successfully completed your term of service, members will receive their education award and can consider the benefits of the Schools of National Service. The list to the left is the list of total benefits available. Not all benefit may be available at all schools. If you're interested in attending a college or university that is not a School of National Service, CNCS encourages you to contact the Dean of Students or Schools, Communications Office, Office of Recruitment, and/or Office of Financial Aid to provide them with information on how



Iowa		
	 Tuition matching for the Segal AmeriCorps Education Award (could be at the undergraduate or graduate level and could be specific to a 	to become involved. CNCS has developed <u>this</u> information for you to share with them.
	school or program)	
	 Scholarship or fellowship to AmeriCorps alumni 	
	 Priority points for admission consideration for AmeriCorps alumni 	
	 In-state tuition for AmeriCorps alumni 	
	Expenses like books and supplies, room and board, or other personal	
	costs like transportation for AmeriCorps alumni	
	 One-year enrollment deferrals for individuals to serve in AmeriCorps 	
	 Academic credit for AmeriCorps experience 	
	 Other incentives that vary by institution 	
	For a list of participating institutions and more information click here	

^{*}For more information on public benefits and how AmeriCorps living allowance may impact public benefits look to the AmeriCorps Public Benefits resource, which is available on the Volunteer Iowa website, VolunteerIowa.org